



2015 西來佛教書苑秋季班招生

沉澱..從零開始.. 思考..再出發

佛法學習 · 寺院體驗 · 生命探索

一、宗旨

透過持戒、禪修與專注的訓練，引導現代學佛青年，冷靜思緒，穩定身心，從而在生活中更具忍耐力、承擔力與競爭力。

二、修學日期

秋季班 9/20~12/19/2015 (中英雙語)

春季班 2/28~ 5/21/2016 (中英雙語)

夏季班 6/19~ 7/30/2016 (僅限英文)

三、招生對象

1. 有志體驗叢林修道生活，對人間佛教理念認同，願意通過解、行並重之學習者。
2. 身心健全，無不良嗜好之 18~40 歲男女青年。
3. 具備基本中/英語溝通能力。

四、課程內容

佛門探索、智慧經典、生命教育、禪修指導、素食烹飪、寺院參訪、出坡作務等動靜、行解並重之課程。

五、學費

學雜費 US\$100(一期)及制服費\$100

六、報名手續

1. 請上西來寺網站 www.hsilai.org，填寫網路報名表。
2. 繳交 500 字之自傳及相片一張，以電子檔方式寄至 learning@ibps.org
3. 經審查通過後，寄發面試通知單，於當地道場進行面試。
4. 面試後，以 E-mail 寄發錄取結果。

七、聯絡

西來佛教書苑 電話：(626)961-9697 Ext. 114/118
3456 Glenmark Drive, Hacienda Heights, CA 91745-6445



Hsi Lai Buddhist Cultivation Program

Study Program + Temple Stay + Experience in Monastic Life

This program is open for those who...

*Want to rediscover yourself, are serious in learning more about Buddhism,
want to experience monastic life, and find the true meaning of life.*

❖ *Dates:*

Fall: 9/20 ~ 12/ 19/2015 (Bilingual in English & Chinese)

Spring: 2/28 ~ 5/21/2016 (Bilingual in English & Chinese)

Summer: 6/19 ~ 7/30/2016 (English only)

❖ *Age:* **18 ~ 40** (Male & Female)

❖ *Fee:* **\$100 / term** (Accommodation and teaching material are included. All fees must be paid at the information center or mail a check payable to I.B.P.S. before the program starts.)
Fee does not include: Uniform \$ 100

❖ *Classes include:*

- **Buddhism classes:** Introduction to Buddhism, Buddhist etiquette, Attitude and Practice of Eminent monks, Study of Fo Guang Shan, Teaching of Humanistic Buddhism and so on
- **Spiritual training:** Meditation, Chan lifestyle, Buddhist practice, EQ
- **Language and arts:** Language (Chinese or English), Tea Chan, Zen Arts, Calligraphy, Vegetarian Cooking, Floral Arrangement, Yi jin jing martial arts
- **Communal chores:** washing clothes and dishes, gardening, Meal serving, cleaning, helping with temple activities

❖ *Application Process:*

1. To register: www.hsilai.org.
2. E-mail a color photo of yours to **learning@ibps.org**.
3. A notification to interview will be sent to you. You will need to make an appointment with your local FGS branch temple.
4. After interview, you will receive either a **Notification of Acceptance** or **Notification of Declination**.

**For inquiries: learning@ibps.org or 626-961-9697 ext 112 / 118.*

3456 Glenmark Drive, Hacienda Heights, CA91745 Website: www.hsilai.org